

# ThymoDream™

Patented and clean black cumin extract using proprietary technology.  
Clinically substantiated to support sleep, stress, and immunity.



Clinically substantiated for sleep, stress, and immunity



Proprietary cold-press technology



Unique mechanism of action



Clean label formulation



Responsibly sourced with full traceability



Low dosage of 200 mg per day

ThymoDream™ is a patented and unique black cumin seed extract made from *Nigella sativa*, standardized to deliver potent bioactives known as thymoquinones. Produced with a unique, proprietary cold-press technology designed to preserve high levels of bioactives. With four compelling clinical studies behind it, ThymoDream™ manages occasional sleeplessness, stress, and immune health. Additionally, ThymoDream™'s safety, efficacy, and unique mechanism of action have been substantiated to balance natural melatonin and cortisol levels in the body. Discover the power of restorative sleep, stress management, and immune support with ThymoDream™.

## CLINICALLY SUBSTANTIATED HEALTH OUTCOMES

### Sleep



- Supports quality of sleep (REM) and helps to reduce sleep disturbances
- Minimizes sleep latency
- Supports healthy melatonin/cortisol balance
- Supports balanced sleep/wake cycles

### Stress



- Helps the body adapt and cope with emotional, physical, and mental stress
- Supports cortisol levels already within the normal range
- Modulates the sleep-stress-immunity axis

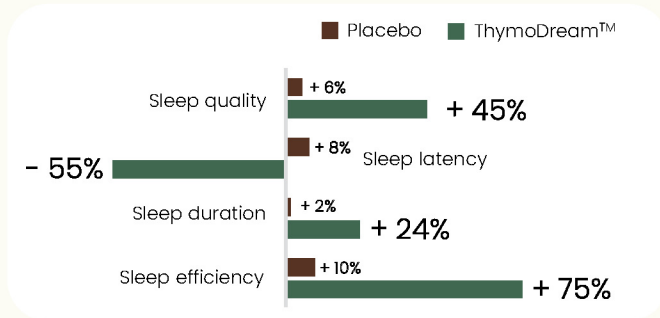
### Immunity



- Supports normal immune response
- Amplifies immune defenses (Immunoglobulin markers IgM & IgG)
- Promotes year-round wellness

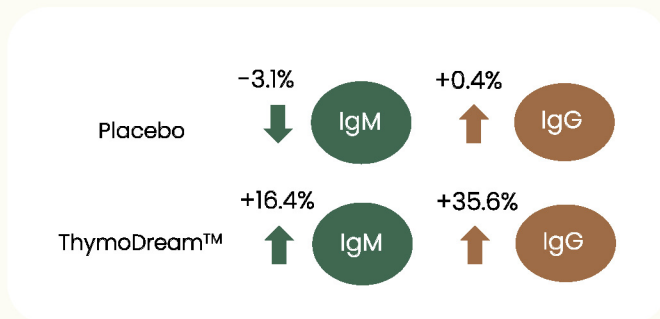
## CLINICAL DATA

Improves sleep quality.



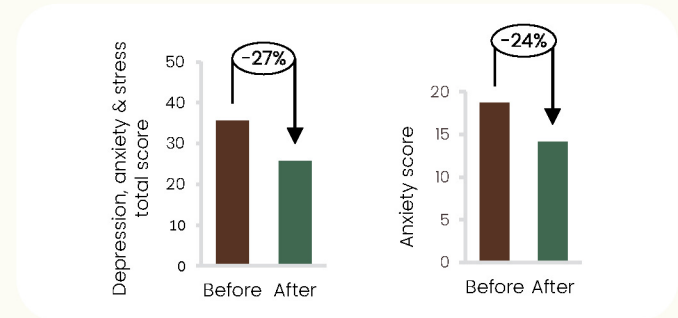
Significant improvement in primary sleep outcomes with an increase of 29.4 % in sleep REM.

Supports immune health.



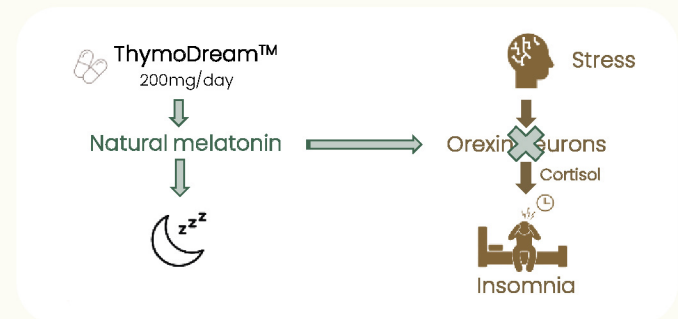
ThymoDream™ supplementation could effectively increase immune markers (IgG and IgM) compared to baseline.

Helps to reduce stress.



ThymoDream™ supplementation shows a significant reduction in stress along with reduction of cortisol.

Mechanism of action.



ThymoDream™ works on HPA-axis and pineal gland to release melatonin recognized to be a natural inhibitor of orexin neurons.

## APPLICATIONS



Liquid filled capsules



Softgels



Gummies

Clean label | Organic | Vegan | Non-GMO | Kosher | Halal



To connect with a specialist or learn more about our ingredients, visit [akaybioactives.com](http://akaybioactives.com).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*